# Letter Title

TO LOCAL LEADERSHIP & POLICE

There is much novel conflict & trauma to life today, so much it overwhelms and we are often lost caught protecting our own selves first. And that works, for the moment in reaction for ourselves but stymies the point, in response for each other in moments when they needed help first. Letting someone in trouble know they’re not alone for example, or that their struggle is not ok and there are safe choices for help. Playing your role in the larger picture there has gotten lost things are busy go do your task – ok then do our task and be a citizen – **FIRST**.

We share an idea today **to instill this courage through example**, or testimony arising confidence then to step in and steward this needed support. We achieve this in [Celebrate Recovery (‘CR’)](https://www.celebraterecovery.com/about/what-is-celebrate-recovery) through our testimonies, using a set of principles we live together by. This works great for us - what about everyone else though? A hard realization to fathom on review, for members of [CR](https://www.celebraterecovery.com/about/what-is-celebrate-recovery) we hold these principles so close and we are ready, fundamentally instilled with these tools but so many are not! … Why though?

Check our [story of Lisa Reyes](https://www.dropbox.com/s/4ne8pk72vn70phf/Example.pdf?dl=0) later, for example we do this today because no one has shown us yet. A weak spot of expectation we carry where we are without reference and consistently go amiss without that; yes, this is optional. [CR](https://www.celebraterecovery.com/about/what-is-celebrate-recovery) calls to fill this gap this through example, or testimony instilling –

* Establishment of Identity – Limits, self-respect and enforcement of boundaries
* Awareness of Community – Safety networks, safe spots & exit strategies
* Action for Support – **YOU** matter if you see something, speak out

With a simple call that your voice matters, it is important and its role fundamental – creating & supporting the life you see around you.

Justin Reina  
Celebrate Recovery Lynnwood, WA